



Portsmouth Safeguarding Adults Board Newsletter Issue 4 October 2023

Welcome to the PSAB newsletter!

Welcome to October's newsletter. It's hard to believe that autumn has come round already!

In this issue we share with you three new Safeguarding Adults Reviews. These reviews always make for difficult reading but the learning is really vital so that we can prevent similar things happening in future.

There's lots more to catch up on in this issue, including updates on new resources and events, and a guest article from Portsmouth City Council's Principal Social Worker:

- Safeguarding Adults Reviews
- Supervision tips (guest article)
- SHIFT Portsmouth
- Safeguarding Adults Week
- Updated MARM framework
- New safeguarding posters and leaflets
- Awards nominations
- Financial abuse and scams
- New resources for professionals
- Upcoming Training and Events
- PSAB Conference - Save the Date

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Safeguarding Adults Reviews

The PSAB has published **three Safeguarding Adults Reviews** (SARs) this month - **Kim, Ronnie and Paul**. The Care Act requires Safeguarding Adults Boards to carry out SARs in certain circumstances, when an adult with care and support needs dies and there is learning about how agencies worked together to safeguard the adult from abuse or neglect. **SARs help us learn from good practice and learn lessons from what went wrong**, so that services and practice can be improved to reduce the risk of future harm.

Kim

Kim was eight months pregnant at the time of her death. Kim's family were very supportive of her and her sister has described her as 'kind, caring, funny and a person that many people loved to be around'. Services had successfully supported Kim in her two previous pregnancies and she maintained contact with her older children. Kim was a victim of domestic abuse and her issues with substance misuse escalated during her pregnancy, and Kim sadly died while living in homeless accommodation in the city.

Ronnie

Ronnie had been homeless for many years and had challenges with his mental health and substance misuse. His family were hugely important to him - he was a carer for his mother and visited her every day and was also devoted to his daughter. Ronnie had future plans to live independently in his own flat so that his daughter could stay with him. At the time of his death he was also living in homeless accommodation.

Paul

Paul was an armed forces veteran who was also a dad, son and brother. His mental health deteriorated when he became homeless after his mother moved into sheltered housing. He sought help from health and housing services and was supported by voluntary sector organisations. Paul sadly died while rough sleeping.

You can read **learning briefings** for each of the cases on the [PSAB website](#). These are short summaries of the cases and the findings, and they include **points of learning and reflection for professionals**. We have also (for the first time) produced a **video about the Kim review**, which you can find on our [YouTube channel](#). We would really like to hear your feedback on whether you have found this format useful.

Who was Kim?



- 36 year old White British woman
- Eight months pregnant at the time of her death
- A history of:
 - Homelessness
 - Substance misuse
 - Mental health conditions
 - Involvement with the criminal justice system
 - Being a victim of Domestic Abuse
- Two older children, living with other family members under Special Guardianship, but maintained contact
- Close relationships with family

Here are a few of the key learning points for professionals from these reviews:

- **Understanding the [Multi-Agency Risk Management Framework](#) (MARM)** and being confident on how to use it to support multi-agency working and risk management. We have recently updated the MARM framework based on feedback from professionals and there are now new tools and templates to support you in using it.
- **Being aware of the impact of marginalisation and stigma**, and how our unconscious bias can affect people using our services. This includes understanding the importance of not labelling people and being aware of how we use of language - for example saying 'a person who is currently experiencing homelessness' rather than labelling someone as a 'homeless person'.
- **[Recognising when people are carers](#)**, knowing what support is available for them, and how to refer for a carers assessment.
- **Identifying and supporting members of the armed forces community**, and understanding the [Armed Forces Covenant](#) and what it means for your organisation.

Please take the time to look at the SARs and share the learning with your colleagues.

Supervision tips - guest article



Safeguarding supervision is an opportunity for support, challenge and learning around safeguarding cases. Professionals working in any organisation can find safeguarding cases challenging, stressful and emotionally draining, and good supervision is really important in supporting their resilience and wellbeing.

Sharon Smith, Principal Social Worker for Adults at Portsmouth City Council, has put together some top tips for safeguarding supervision:

1. Recognise when there are multiple and conflicting ideas, interpretations, and perspectives. Support the practitioner to keep the individual at the heart of their interventions.
2. Support the practitioner to reflect and share their actions, feelings, and concerns about their work in a safe environment.
3. Use supervision to support them to uncover assumptions, to analyse their judgements. Help them to clarify the focus of their work and identify a working hypothesis. Decisions reached and defensible decision are made.
4. Record their intervention in a timely manner especially if the situation changes rapidly. Consider a buddy system in times of absence.
5. Adopt a strengths based and human rights approach to intervention, assessment and support planning which is informed by the principles of the [Care Act 2014](#), the [Mental Capacity Act 2005](#) and the [Mental Health Act 2007](#);

You can read and download Sharon's supervision guide [here](#).

SHIFT Portsmouth



SHIFT - which stands for 'Self Help Inspiring Forward Thinking' - offers Peer Support to those who experience mental and emotional distress and co-occurring conditions. SHIFT are members of the PSAB's Engagement subgroup and recently presented to the group about their services and how they work with people to keep them safe.

Their aim is to improve the mental health and wellbeing of all of those they encounter, covering the PO1-PO6 area. They offer advocacy, groupwork, one-to-one support and special events and all their work is person-centred and trauma informed. All the SHIFT staff and volunteers have lived experience. SHIFT run a weekly Thursday forum at the Central Library, and there is also a fortnightly Saturday group with food provided. A new Monday group is also planned. SHIFT has recently celebrated its 9th birthday.

You can get in touch with SHIFT by emailing katie.smith@shiftportsmouth.org.uk.

Safeguarding Adults Week

Safeguarding Adults Week 2023 takes place from Monday 20th-Friday 24th November 2023. The national campaign is coordinated by the Ann Craft Trust.

Safeguarding Adults Week is an opportunity for organisations to come together to raise awareness of important safeguarding issues. The aim is to highlight key safeguarding issues, start conversations and raise awareness of safeguarding best practice. This year's focus is how you can prioritise the welfare and wellbeing of yourself and others.

Safeguarding Adults Week 2023

Monday 20 – Friday 24 November
#SafeguardingAdultsWeek

ann craft trust
acting against abuse

Each day there will be a specific theme with resources to read and share.

Monday: What's My Role in Safeguarding Adults?

Tuesday: Let's Start Talking – Taking The Lead on Safeguarding in Your Organisation

Wednesday: Who Cares For The Carers? Secondary and Vicarious Trauma

Thursday: Adopting a Trauma Informed approach to Safeguarding Adults

Friday: Listen, Learn, Lead – Co-Production With Experts by Experience

There is more information on the [Ann Craft Trust website](#), including posters, information about the themes, and some free events.

PSAB will be taking part in Safeguarding Adults Week and we will be sharing resources on our [website](#) and [social media](#) each day.

Updated MARM framework and tools


We have recently updated and relaunched the [Multi-Agency Risk Management \(MARM\) Framework](#). The new framework and tools include:

- MARM flowchart
- MARM case studies
- Templates including letters, minutes and chronology
- Guides to chairing and attending MARM meetings
- MARM podcast

MARM is a tool for working in a multi-agency way to assess and share risks, with the input of the individual, and working collectively. The SARs we have recently published all included risk management as a theme - MARM could have been used in each one of those cases and could potentially have made a difference to the outcomes, but the opportunity was missed. We hope that the refreshed framework and tools will support professionals to work together to manage risk effectively.

Three online MARM 'lunch and learn' awareness sessions were held June-October 2023 (MARM Overview, MARM in Practice, MARM Awareness: developing operational guidance). The videos from the sessions and the slides can be found on the [Hampshire SAB website](#).

HOW DO YOU INVOLVE THE PERSON?



- Toolkit – 'what to expect' guide
- How to engage – consider advocacy, timings, support
- What do you tell them afterwards / follow up
- Person centred – remember Making Safeguarding Personal principles

New Safeguarding Posters and Leaflets

The PSAB Engagement subgroup has recently produced some new leaflets and posters about safeguarding which you can print off and use. These were intended to be as accessible as possible and we worked with people who use services (Integrated Learning Disability Service, AgeUK, and Portsmouth City of Sanctuary) to help with this. There is also a leaflet for staff.

We also have posters in Ukrainian, posters to raise awareness of self-neglect, and easy read information on Making Safeguarding Personal, which we produced with the 4LSAB.

You can find all these on our [website](#).



2023 NSAB Excellence Award Nominations - 'We See You - We Hear You'

We mentioned the national Safeguarding Adults Boards Excellence Awards in the last newsletter and there is still just time to get your nomination in by the deadline which is 15th October 2023.

Do you know a professional and/or team who are:

- Inspirational?

- Go above and beyond?
- Share their skills and expertise?
- Overcome barriers to make a real difference?
- Work in partnership with others?

If so, please complete this quick [nomination form](#) to ensure they are considered nationally for their efforts.

All Nominations will be considered in their own merit, a decision awarded and acknowledgements made in National Safeguarding Adults Week, November 2023. The winners of the National Award will be recognised in a press release, photo opportunities and signed certificate from the National Safeguarding Adults Boards showcasing the, 'We See You - We Hear You,' campaign.

Financial abuse and scams

Digital Switchover - criminals are using the move from analogue to digital phone lines to target people with phishing emails, fake websites, or phone calls to trick residents into providing personal information which can be used to steal money, commit identity theft or for other types of criminal action like rogue trading to take place. The [Local Government Association](#) has produced some useful resources. Any scams or fraudulent activity can be reported to Action Fraud on 0300 123 2040 or via [Action Fraud website](#).

Stop Loan Sharks Week is 24th - 31st October. There is a [social media toolkit](#) available to help share the message and help people understand what a loan shark is and where to get help and support. Lin Fisher from the England Illegal Money Lending Team is able to provide free training sessions from December onwards - please contact Lin directly by emailing lin.fisher@birmingham.gov.uk.



New resources for professionals

The [4LSAB Multi-Agency Risk Management Framework](#) has been updated including new tools and resources. The [videos from the MARM awareness sessions](#) are also now available to watch.

The [4LSAB Escalation Protocol](#) has been updated. This is a really useful document which gives a process to follow if you need to resolve professional disagreements or challenge decision making in relation to adult safeguarding (including MARM).

We have published new [4LSAB Safer Recruitment Guidance](#). The guidance helps support agencies to check their recruitment process is robust and safe.

On 1st October Channel 5 screened a [Predatory Marriage documentary](#) which is available to watch on their catch up service. Our [7 minute briefing on predatory marriage](#) also gives helpful information on this issue.

[Streetlink](#) has relaunched with a new website and social media handles. You can use the streetlink website if you are concerned about someone who is rough sleeping, or (for Portsmouth) contact outreachsupport@ssj.org.uk.

Upcoming Training and Events

Information Sharing (Clare's Law and Sarah's Law)

This course will give you confidence when it comes to:

- When and how to share information with vulnerable members of the public about people in their life for safeguarding reasons without the consent of the subject.
- What the Data Protection Act says about sharing information without consent.
- Clare's Law (DVDS) and Sarah's Law (CSODS) – the Right to Ask and the Right to Know.
- Where to find guidance from the government about when and how to share this information appropriately.
- The protections that exist for you if you share such information without consent in an appropriate manner.

This course is delivered by Hampshire and IOW Constabulary. It is aimed at any front-line practitioners working with children or adults at risk, including social workers, safeguarding leads, health workers, housing staff, teachers and those working in child care.

This training is online via Microsoft Teams. There is no need to book. Please put the session in your diary and join using the Teams links below.

Tuesday 12th December 09.15-10.30 [Click here to join the meeting](#)

Thursday 7th March 09:30-10.45 [Click here to join the meeting](#)

Tuesday 18th June 14.00-15.15 [Click here to join the meeting](#)

Responding to Domestic Abuse

Delivered by Stop Domestic Abuse the "Responding to Domestic Abuse" training combines the previous 'victim'- and 'perpetrator'-focused training, and aims to:

- Define what is domestic abuse
- What does domestic abuse look like for: Victims, people using abusive behaviours, children, professionals
- To increase knowledge and challenge stereotypes of victim, people using abusive behaviours, children and professionals.
- Types of relationships
- Engaging with your service users
- Understanding and accessing the referral pathway
- Effective safety planning and its application to your practice

Training dates:

- 6th February 2024 – 9.30am – 4.30pm
- 13th March 2024 – 9.30am – 4.30pm
- 15th May 2024 – 9.30am – 4.30pm
- 11th June 2024 – 9.30am – 4.30pm
- 11th July 2024 – 9.30am – 4.30pm
- 12th September 2024 – 9.30am – 4.30pm
- 8th October 2024 – 9.30am – 4.30pm

To book a place contact Stop Domestic Abuse via email portsmouthtraining@stopdomesticabuse.uk. Training is likely to move to face to face, however this will be confirmed once you are booked onto the course.

PSAB conference 2024

After the success of the 2022 conference, we are currently in the process of planning a Safeguarding Adults conference for 2024. The date will be **8th March 2024** and the theme will be managing risk in adult safeguarding. More details and information about how to book a place will be available soon, but in the meantime save the date!

