



## **What to expect if you are an adult attending a Multi-Agency Risk (MARM) Meeting (not professionals)**

### **What is a MARM meeting?**

It is a meeting where everyone involved comes together to discuss the best way to manage the risks you are experiencing:

- Identify the risks
- Listen to your views and wishes
- All agencies will work together to see how to support you
- Identify if further support is needed to ensure your safety and wellbeing

### **Who will be there?**

The professional who arranges the meeting will identify people or organisations appropriate to attend. Your input in this is always appreciated and the focus of our work.

### **Will I be invited?**

Yes, because your views are important. It is also key that you are involved in any plan aimed to keep you safe. If you have support networks/key people, you would like involved please ensure the organiser knows, so they can discuss this with you prior to the meeting.

### **What if I don't attend?**

It is important that you attend to capture your views. If you cannot attend, or do not wish to attend the meeting may go ahead without you. A supporter or an advocate may represent your views. They will then explain what happened at the meeting and you will receive a copy of the minutes (a written record of the meeting) which could include different actions.

### **Can I bring a friend/advocate?**

This could be someone you trust to give you good advice and support during the meeting. It is important you discuss this with the organiser before the meeting.

### **Practical arrangements?**

We will work with you to support your attendance at any meeting arranged, this maybe in person or via technology. If you require support with technology or accessibility to take part in the meeting, the organiser will discuss this with you.

## **What happens at the meeting?**

Everyone attending the meeting will be asked to introduce themselves and explain their involvement. The chairperson will explain the reason for the meeting, and you will be asked for your views and wishes so they can be considered, everyone will be asked if they have anything to say which is relevant to you. This could include the risks to yourself and others, as well as your strengths and support available. You will be asked if you wish to comment on anything that has been said, or to add anything.

Together, everyone will identify if a plan is needed to ensure your safety and wellbeing. The chairperson will summarise the risks and a proposed risk management plan.

We record all our actions on our electronic recording system; notes from the meeting are shared with everybody invited to the meeting.

## **If I don't agree with anything discussed, what can I do?**

If you are dissatisfied with the outcome of the meeting, please speak with the chairperson and/or ask to see the complaints procedure for the organisation you were unhappy with.

## **What happens after the meeting?**

After the meeting, you will receive a written summary of what was said and agreed. A date could also have been set for a review meeting if needed.

## **ADVICE**

- *If you have any questions about the meeting, you could write them down and/or ask the professional you work most closely with, or if you prefer, you could ask the chairperson.*
- *The allocated worker should ask you about your views before the meeting.*
- *If you think you might need support or have any questions about the meeting, you can meet the Chairperson before the meeting. The Chairperson can arrange a short break during the meeting if needed.*
- *It is important that every participant is listened to. Generally, the participants will take turns with their updates.*
- *This meeting is about supporting you and making you safe and reducing risk to you and potentially others and is not about professionals controlling your life against your wishes.*